

MAMBO FUNDAMENTALS 201 SYLLABI BREAKDOWN

TUESDAYS
6:15P-7:15P
STUDIO 1

LATISHA HARDY
DON'T JUST DANCE EXPERIENCE

MIRANDA HERNANDEZ
DANAE EDWARDS

A

HISTORY, CULTURE, MUSIC, BASICS

10/20/2026	WEEK ONE: HISTORY, CULTURE, BASICS
10/27/2026	WEEK TWO: MUSIC, TIMING, CLOCKWORK, BASICS
11/3/2026	WEEK THREE: BASIC SHINES
11/10/2026	WEEK FOUR: REVIEW

B

LOWER BODY

11/17/2026	WEEK ONE: LOWER BODY; CLOCKWORK
11/24/2026	WEEK TWO: LOWER BODY
12/1/2026	WEEK THREE: LOWER BODY
12/8/2026	WEEK FOUR: LOWER BODY

C

UPPER BODY

12/15/2026	WEEK ONE: UPPER BODY; CLOCKWORK
12/22/2026	WEEK TWO: UPPER BODY
12/29/2026	WEEK THREE: UPPER BODY
1/5/2027	WEEK FOUR: UPPER BODY

D

PIVOTS & SPINS

1/12/2027	WEEK ONE: INTERNAL/EXTERNAL PIVOTS & ROTATIONS
1/19/2027	WEEK TWO: SINGLE LEG PIVOTS
1/26/2027	WEEK THREE: PIVOTS & SPINS
2/2/2027	WEEK FOUR: PIVOTS & SPINS
2/9/2027	WEEK FIVE: PUTTING IT TOGETHER

E

UPPER & LOWER BODY COMBINATION

2/16/2027	WEEK ONE: UPPER & LOWER BODY COMBO
2/23/2027	WEEK TWO: UPPER & LOWER BODY COMBO
3/2/2027	WEEK THREE: UPPER & LOWER BODY COMBO
3/9/2027	WEEK FOUR: PUTTING IT ALL TOGETHER

F

SHINES

3/16/2027	WEEK ONE: SHINES COMBINATIONS
3/23/2027	WEEK TWO: SHINES COMBINATIONS
3/30/2027	WEEK THREE: SHINES COMBINATIONS
4/6/2027	WEEK FOUR: SHINES COMBINATIONS
4/13/2027	WEEK FIVE: SHINES COMBINATIONS

MAMBO FUNDAMENTALS SYLLABI BREAKDOWN

CLASS DESCRIPTION

COURSE PREREQUISITE

6 MONTHS OF CLASSES

COURSE INSTRUCTOR

MIRANDA HERNANDEZ & DANAE EDWARDS

FOOTWORK DEFINED

Provides a deeper understanding of the following concepts in Footwork: 1) Body Movement and how to apply to partnerwork 2) Timing (Quick Quick Slow) 3) Weight Changes 4) Shines: Suzie Q, Hook Step, Hot Toe, Swing Step, Twists

COURSE EXPECTATIONS

Students are asked to attend as many sessions as possible. If you miss sessions, you are expected to collect make-up work and/or book privates to stay up-to-date on progressive material.

WORD BANK

INTRODUCTION				
Timing	Conga Rhytms	Clave Rhythms	Musicality	
FOOTWORK/SHINES				
Right Turn	Left Turn	Susie Q/Sync	Hook Step	Hot Toe
Swing Step	Twists/Variations	Grapevine	Reverse Grapevine	Crossovers
Kicks	Sync Kicks	Spiral	Flares/Sync Flares	Reverse Walks
Double Front Cross	Mambo Taps	Cuban/Rumble		Sailor Step
Hunt's Point	Rumba Step	**Son**	Right/Left Turn	Hook Step
Cha Cha Cha	**Spins**	Spin Drill	Hook Turns	Double Right Turns
Brandon Ayala Spin Drill		Left Turn Spin Drill		