

JANNER CONDE

**MONDAYS
6:00P-7:00P
STUDIO 1**



SALSA 102 SYLLABI BREAKDOWN

A

HISTORY, CULTURE, MUSIC & BASICS

- 9/7/2026 **WEEK ONE: NO CLASS - LABOR DAY**
- 9/14/2026 **WEEK TWO: 6 BASICS**
- 9/21/2026 **WEEK THREE: CONNECTION & CONSENT, RIGHT TURN**
- 9/28/2026 **WEEK FOUR: RIGHT TURN CONT.**

B

RIGHT TURN & LEFT TURN

- 10/5/2026 **WEEK ONE: LEFT TURN**
- 10/12/2026 **WEEK TWO: SUSIE Q | LEFT TURN CONT.**
- 10/19/2026 **WEEK THREE: HOOK STEP | LEAD & FOLLOW RIGHT TURN TOGETHER**
- 10/26/2026 **WEEK FOUR: LEAD & FOLLOW LEFT TURN TOGETHER**

C

CROSS BODY LEAD

- 11/2/2026 **WEEK ONE: INTRODUCTION TO CROSS BODY LEAD**
- 11/9/2026 **WEEK TWO: CROSS BODY LEAD IN CLOSED POSITION**
- 11/16/2026 **WEEK THREE: RIGHT/LEFT TURN, CROSS BODY LEAD COMBINATION**
- 11/23/2026 **WEEK FOUR: CROSS BODY LEAD REVIEW**

D

REVERSE CROSS BODY LEAD

- 11/30/2026 **WEEK ONE: INTRODUCTION TO REVERSE CROSS BODY LEAD**
- 12/7/2026 **WEEK TWO: ATTACH CROSS BODY LEAD TO REVERSE**
- 12/14/2026 **WEEK THREE: PATTERNS**
- 12/21/2026 **WEEK FOUR: PATTERNS**
- 12/28/2026 **WEEK FIVE: ASSESSMENT DAY**

SALSA 102 SYLLABI BREAKDOWN

CLASS DESCRIPTION

COURSE INSTRUCTOR

JANNER CONDE

COURSE PREREQUISITE

ABSOLUTE BEGINNER 101

FOOTWORK & INTRODUCTION DEFINED

Provides an introduction the following concepts in Footwork: 1) History & Culture 2) Timing (Quick Quick Slow) 3) Weight Changes 4) Basic Step: Progressive Vs. Anchored 5) 6 Basics 6) Right Turn 7) Left Turn

PARTNERWORK DEFINED

Provides an introduction the following concepts in Partnerwork:
1) Hand-Holds 2) Connection (Creating stability in leads and relaxation and listening in follows arms 3) Introduction to Basic & Side Basic 4) Introduction to Left & Right Turns 5) Introduction to Cross Body Lead

COURSE EXPECTATIONS

Students must complete the course and have reviewed all concepts to move into 103 material. We do NOT expect MASTERY of these concepts until 103.

WORD BANK

INTRODUCTION				
History & Culture	Music: Musical Measures; Clave & Conga	Timing: 123 567	Rhythm: Quick Quick Slow Quick Quick Slow or QQS QQS	Weight Transfer: Lead LRL RLR; Follow RLR LRL
Direction of Travel	Shines	Partnerwork		
FOOTWORK/SHINES				
6 Basics	Basic Step	Anchored Basic Step	Progressive Basic Step	Side Basic
Back Basic	Forward Basic	Cross Basic	Cumbia Step	Shines defined
Turns	Right Turn	Anchored Right Turn	Progressive Right Turn	Left Turn: Progressive only
FOOTWORK LINKED TO PARTNERWORK				
Basic Step	Side Basic	Right Turn	Left Turn	Cross Body Lead (CBL)
PARTNERWORK CONCEPTS				
Lead/Follow	Hand-Holds	Connection	Open Position	Closed Position
Transitions	Frame	Lanes		