



WEDNESDAYS
7:15P - 8:15P
STUDIO 1

BACHATA 201 SYLLABI BREAKDOWN

DANAE EDWARDS &
MIRANDA HERNANDEZ

HISTORY/CULTURE | BODY MOVEMENT

9/9/2026 WEEK ONE: TRADITIONAL HISTORY CULTURE TIMING & BASICS
9/16/2026 WEEK TWO: SENSUAL HISTORY CULTURE TIMING & BASICS
9/23/2026 WEEK THREE: CLOCKWORK | BODY/REVERSE/BOOTY ROLLS
9/30/2026 WEEK FOUR: V-STEP | CAMINA | ROSARIO

TENSION/RESISTANCE

10/7/2026 WEEK ONE: CHANGING TIME
10/14/2026 WEEK TWO: SYNCOPATED CAMINA
10/21/2026 WEEK THREE: MADRID BASIC
10/28/2026 WEEK FOUR: SEAHORSE & PONY

FOOTWORK & SHADOW POSITION

11/4/2026 WEEK ONE: REVERSE SHADOW/SHADOW POSITION
11/11/2026 WEEK TWO: SYNCOPATED HEEL TOE (VARIATIONS 3 & 4)
11/18/2026 WEEK THREE: BODY ROLLS/REVERSE/BOOTY ROLLS
11/25/2026 WEEK FOUR: SYNCOPATIONS IN PARTNERWORK

MUSICALITY

12/2/2026 WEEK ONE: BODY ROLL INTO FORWARD DROP & TUNNEL
12/9/2026 WEEK TWO: INSTRUMENTS, TIME CHANGES & BREAKS
12/16/2026 WEEK THREE: HAMMERLOCKS
12/23/2026 WEEK FOUR: ASSESSMENT DAY

BACHATA 201 SYLLABI BREAKDOWN

CLASS DESCRIPTION

COURSE PREREQUISITE

BACHATA 102, BACHATA 103

COURSE INSTRUCTOR

DANAE EDWARDS & MIRANDA HERNANDEZ

FOOTWORK & INTRODUCTION DEFINED

Provides a deeper understanding of the following concepts in Footwork: 1) History & Culture 2) Upper/Lower Body Clockwork 3) Body Roll/Reverse Body Roll 4) Booty Roll 5) Giddy Up 6) 2nd Basic 7) Sensual Basic 8) Madrid Basic 9) Lateral Waves 10) Prepped Turns 11) Cha Cha Steps 12) Slides 13) Syncopations 14) V Step 15) Half & Half 16) Rosario 17) Camina 18) Pony 19) Seahorse

PARTNERWORK DEFINED

Provides a deeper understanding the following concepts in Partnerwork:

1) Hand-Holds 2) Connection (Creating stability in leads and relaxation and listening in follows arms) 3) Rosario 4) Shadow Position 5) Madrid Basic 6) Hammerlocks 7) V Step 8) Half & Half 9) Syncopations 10) Open Basic 11) Delayed Turns

COURSE EXPECTATIONS

Student must complete the course and have reviewed all concepts to move into 201 material.

WORD BANK

REVIEW & MASTERY of 103				
History & Culture	Partnerwork	Timing: 1234 5678	Weight Transfer: Lead LRL T(R) RLR T(L)	Weight Transfer: Follow RLR T(L) LRL T(R)
Tension/Resistance	Intro To Body Movement & Clockwork		Intro to Syncopations	
FOOTWORK/SHINES				
Basic Step	Sensual Basic	Chord Beats	Body Roll	Reverse Body Roll
Booty Rolls	2nd Basic	Prepped Turns	Madrid Basic	Slides
Seahorse	Pony	Syncopated Basic	Sync. Heel Toe	Cha Cha Steps
V Step	Camina	Rosario	Half & Half	Syncopations
PARTNERWORK CONCEPTS				
Lead/Follow	Hand-Holds	Connection	Open Position	Closed Position
Transitions	Frame	Reverse/Shadow Position	Hammerlock	Rosario
V Step	Half & Half	Syncopations	Open Basic	Delayed Turns