

BACHATA 103 SYLLABI BREAKDOWN

**THURSDAYS
6:00P-7:00P
STUDIO III**

A

HISTORY, CULTURE, TIMING

9/10/26 WEEK ONE: BASICS, DIRECTIONALS, BOX STEP REVIEW

9/17/26 WEEK TWO: MUSICALITY (INSTRUMENTS) & RHYTHMS; BOX STEP

9/24/26 **WEEK THREE: NO CLASS - CALDAC FESTIVAL**

10/1/26 WEEK FOUR: CONNECTION & BASICS IN OPEN POSITIONS

B

MODERN/URBAN

10/8/26 WEEK ONE: HESITATION & 2ND BASIC

10/15/26 WEEK TWO: ENTERING/EXITING CLOSED POSITION; HESITATION

10/22/26 WEEK THREE: SIMPLE TURNS; HAND SWITCHES

10/29/26 WEEK FOUR: DELAYED TURN & SPIN FRAME

C

TRADITIONAL

11/5/26 WEEK ONE: INTRO TO SYNCOPATIONS: CHA CHA STEPS

11/12/26 WEEK TWO: ROSARIO & SEMI SYNCOPATIONS

11/19/26 WEEK THREE: HEEL TOE VARIATIONS

11/26/26 **WEEK FOUR: NO CLASS - THANKSGIVING**

D

SENSUAL & CONSENT

12/3/26 WEEK ONE: SENSUAL BASIC & CHORD BEATS; CONNECTION DRILLS

12/10/26 WEEK TWO: INTRO TO BODY ROLLS & BOOTY ROLLS

12/17/26 **WEEK THREE: ASSESSMENT DAY**

12/24/26 **WEEK FOUR: NO CLASS - CHRISTMAS EVE**

12/31/26 **WEEK FIVE: NO CLASS - NEW YEARS**

BACHATA 103 SYLLABI BREAKDOWN

CLASS DESCRIPTION

COURSE PREREQUISITE

ABSOLUTE BEGINNER 101, BACHATA 102

COURSE INSTRUCTOR

GRACE OWINO

FOOTWORK & INTRODUCTION DEFINED

Provides a deeper understanding of the following concepts in Footwork: 1) History & Culture 2) Timing 3) Box Step 4) Chord Beats 5) Hesitation 6) 2nd Basic 7) Simple Turn 8) Delayed Turn 9) Cha Cha Chas 10) Rosario 11) Semi Syncopations 12) Heel Toe 13) Sensual Basic 14) Body Rolls 15) Wraps

PARTNERWORK DEFINED

Provides a deeper understanding the following concepts in Partnerwork:
1) Hand-Holds 2) Connection (Creating stability in leads and relaxation and listening in follows arms) 3) Two Handed Turns 4) Simple Turns

COURSE EXPECTATIONS

Student must complete the course and have reviewed all concepts to move into 102 material.

WORD BANK

INTRODUCTION				
History & Culture	Musicality	Timing: 1234 5678	Weight Transfer: Lead LRL T(R) RLR T(L)	Weight Transfer: Follow RLR T(L) LRL T(R)
Partnerwork	Hand Switch	Frame	Derecho, Mambo, Majao	
FOOTWORK/SHINES				
Basic Step	Box Step	Chord Beats	Forward/Back Basic	Hesitation
2nd Basic	Simple Turn	Delayed Turn	ChaChaChas	Rosario
Semi Syncopations	Heel Toe	Sensual Basic	Body Rolls	Wraps
PARTNERWORK CONCEPTS				
Lead/Follow	Hand-Holds	Connection	Open Position	Closed Position
Transitions	Frame	Two Handed Turns		