

LATISHA HARDY
MIRANDA HERNANDEZ
DANAE EDWARDS

SALSA 202 SYLLABI BREAKDOWN

BODY MOVEMENT & COMBINATIONS

- 5/12/2026 WEEK ONE: 201 LEVEL MATERIAL W/ BODY MOVEMENT, ANGLES, & COMBO CREATION
5/19/2026 WEEK TWO: COMBO CREATION#1
5/26/2026 WEEK THREE: OUTSIDE TURNS
6/2/2026 WEEK FOUR: OUTSIDE TURNS CNTD.

OPEN BREAK & SHINES

- 6/9/2026 WEEK ONE: SWING STEP/ TURNING SWING STEP; OPEN BREAK
6/16/2026 WEEK TWO: HOT TOE & VARIATIONS, CUTAWAY; OPEN BREAK VARIATIONS
6/23/2026 WEEK THREE: SYNCOPATED HOOK STEP; COPA
6/30/2026 WEEK FOUR: COMBINATION

OPEN BREAK & SHINES

- 7/7/2026 WEEK ONE: PIVOT & SPIN DRILLS; 360
7/14/2026 WEEK TWO: SINGLE LEG PIVOTS; 360 & REDIRECTS
7/21/2026 WEEK THREE: DOUBLE RIGHT TURNS
7/28/2026 WEEK FOUR: COMBINATION

SPINS & PIVOTS

- 8/4/2026 WEEK ONE: TWIST SERIES; WRAPS & HAMMERLOCK SERIES
8/11/2026 WEEK TWO: SINGLE LEG TWISTS; WRAP, CONTINUOUS WRAP, FREE SPIN
8/18/2026 WEEK THREE: SPIAL & PLUS I; HAMMERLOCK
8/25/2026 WEEK FOUR: COMBINATION; HAMMERLOCK VARIATIONS

SALSA 202 SYLLABI BREAKDOWN

CLASS DESCRIPTION

COURSE PREREQUISITE

SALSA 102, SALSA 103, & SALSA 201

COURSE INSTRUCTOR

LATISHA HARDY, MIRANDA HERNANDEZ, DANAE EDWARDS

FOOTWORK DEFINED

Provides a deeper understanding of the following concepts in Footwork: 1) Body Movement and how to apply to partnerwork to more advanced movement 2) Timing (Quick Quick Slow) 3) Weight Changes 4) Go into new Shines: Dbl Front Cross, Swing Step, Mambo Taps, Twists, Cutaway, Plus 1, and Twists.

PARTNERWORK DEFINED

Provides a deeper understanding the following concepts in Partnerwork:
1) Hand-Holds 2) Connection (Creating stability in leads and relaxation and listening in follows arms 3) Basic & Side Basic 4) Left & Right Turns 5) Cross Body Lead 6) Reverse Cross Body Lead 7) Cross Body Lead Inside Turn
Adding NEW: 1) Outside Turns 2) Open/Back Breaks 3) Bridge 4) Catwalk 5) Copa 6) Outside Turns 7) Wraps 8) Hammerlocks

COURSE EXPECTATIONS

Students are asked to attend as many sessions as possible. If you miss sessions, you are expected to collect make-up work and/or book privates to stay up-to-date on progressive material.
Student must complete the course and have reviewed all concepts to move into 200/201 material.

WORD BANK

MASTERY OF Salsa 102-201 Syllabi				
Salsa 102-201 Concepts	Conga Rhythms	Clave Rhythms	Musicality	
FOOTWORK/SHINES				
Salsa 100-102 Concepts	Double Front Cross	Swing Step	Mambo Taps	Cutaway
Plus 1		Twists		
FOOTWORK LINKED TO PARTNERWORK				
Salsa 102-201 Concepts	Pivots	Body Movement w/ Partnerwork		Tracing
PARTNERWORK CONCEPTS				
Salsa 102-201 Concepts	Posture	Open/Back Breaks	Bridge	Catwalk
Copas	Outside Turns	Wraps	Hammerlocks	