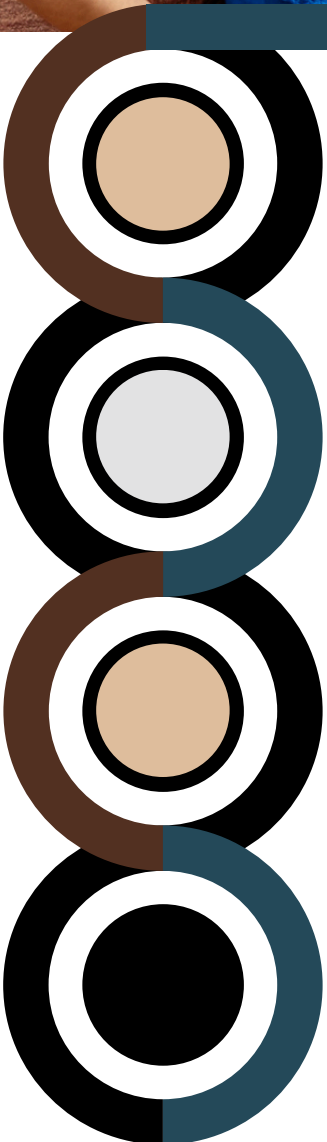




MIRANDA HERNANDEZ LATIN STYLES 101 SYLLABI BREAKDOWN

MONDAYS
7:30P-8:30P
STUDIO 1



A
B
C
D
E
F
G

MAMBO SHINES

- 4/13/2026 WEEK ONE: CLOCKWORK, MAMBO BASICS
- 4/20/2026 **NO CLASS**
- 4/20/2026 WEEK TWO: LOWER BODY MOVEMENT W/ BASICS

BACHATA

- 4/27/2026 WEEK ONE: BACHATA BODY MOVEMENT
- 5/4/2026 WEEK TWO: BACHATA BASICS

AFRO-CUBAN INFLUENCE

- 5/11/2026 WEEK ONE: FOOT WARM UP & ALIGNMENT | AFRO BASIC 1 & 2
- 5/18/2026 WEEK TWO: CHACHALOKAFUN
- 5/25/2026 WEEK THREE: TRAVELING CHACHALOKAFUN
- 6/1/2026 WEEK FOUR: ELEGUA
- 6/13/2026 WEEK FIVE: UNDULATIONS

***EFFECTIVE JUNE 13, 2026**

THIS CLASS MOVES TO SATURDAYS 2:15P-3:15P

SON

- 6/20/2026 WEEK ONE: HISTORY, CULTURE, MUSIC, & TIMING
- 6/27/2026 WEEK TWO: ARMS & UPPER BODY
- 7/4/2026 **NO CLASS | HOLIDAY**
- 7/11/2026 WEEK THREE: HOOK TURNS
- 7/18/2026 WEEK FOUR: NATURAL TURNS
- 7/25/2026 WEEK FIVE: LEFT TURNS

PACHANGA

- 8/1/2026 WEEK ONE: BOUNCE & TRANSITIONS
- 8/8/2026 WEEK TWO: BASIC & SHORT BASIC
- 8/15/2026 WEEK THREE: LONG PACHANGA
- 8/22/2026 WEEK FOUR: SINGLE LEG PACHANGA
- 8/29/2026 WEEK FIVE: COMBINATION

REVIEW

- 9/5/2026 WEEK ONE: MAMBO & AFRO
- 9/12/2026 **NO CLASS | GROUNDWORK**
- 9/19/2026 WEEK TWO: BACHATA & SON
- 9/26/2026 **NO CLASS | CALDAC**
- 10/3/2026 WEEK THREE: PACHANGA

APPLICATION

- 10/10/2026 WEEK ONE: COMBINATIONS
- 10/17/2026 WEEK TWO: COMBINATIONS