

# BACHATA 103 SYLLABI BREAKDOWN

THURSDAYS  
6:00P-7:00P  
STUDIO III

## A

### HISTORY, CULTURE, TIMING

- 5/14/26 WEEK ONE: CLOCK WORK : REVIEW HISTORY, MERENGUE & BASICS
- 5/21/26 WEEK TWO: MUSICALITY (INSTRUMENTS) & RHYTHMS; BOX STEP
- 5/28/26 WEEK THREE: CONNECTION & BASICS IN OPEN POSITIONS
- 6/4/26 WEEK FOUR: CONNECTION & MUSICALITY IN BOX STEP

## B

### MODERN/URBAN

- 6/11/26 WEEK ONE: HESITATION & 2ND BASIC
- 6/18/26 WEEK TWO: ENTERING/EXITING CLOSED POSITION; HESITATION
- 6/25/26 WEEK THREE: SIMPLE TURNS; HAND SWITCHES
- 7/2/26 WEEK FOUR: DELAYED TURN & SPIN FRAME

## C

### TRADITIONAL

- 7/9/26 WEEK ONE: INTRO TO SYNCOPATIONS
- 7/16/26 WEEK TWO: ROSARIO & SEMI SYNCOPATIONS
- 7/23/26 WEEK THREE: HEEL TOE VARIATIONS
- 7/30/26 WEEK FOUR: COMBINATION

## D

### SENSUAL & CONSENT

- 8/6/26 WEEK ONE: SENSUAL BASIC & CHORD BEATS; CONNECTION DRILLS
- 8/13/26 WEEK TWO: INTRO TO BODY ROLLS & BODY ROLLS
- 8/20/26 WEEK THREE: TWO HANDED TURNS & WRAPS
- 8/27/26 WEEK FOUR: COMBINATION

# BACHATA 103 SYLLABI BREAKDOWN

## CLASS DESCRIPTION

### COURSE PREREQUISITE

ABSOLUTE BEGINNER 101, BACHATA 102

### COURSE INSTRUCTOR

GRACE OWIND

### FOOTWORK & INTRODUCTION DEFINED

Provides a deeper understanding of the following concepts in Footwork: 1) History & Culture 2) Timing 3) Box Step 4) Chord Beats 5) Hesitation 6) 2nd Basic 7) Simple Turn 8) Delayed Turn 9) Cha Cha Chas 10) Rosario 11) Semi Syncopations 12) Heel Toe 13) Sensual Basic 14) Body Rolls 15) Wraps

### PARTNERWORK DEFINED

Provides a deeper understanding the following concepts in Partnerwork:  
1) Hand-Holds 2) Connection (Creating stability in leads and relaxation and listening in follows arms) 3) Two Handed Turns 4) Simple Turns

### COURSE EXPECTATIONS

Student must complete the course and have reviewed all concepts to move into 102 material.

## WORD BANK

INTRODUCTION				
History & Culture	Musicality	Timing: 1234   5678	Weight Transfer: Lead LRL T(R)   RLR T(L)	Weight Transfer: Follow RLR T(L)   LRL T(R)
Partnerwork	Hand Switch	Frame	Derecho, Mambo, Majao	
FOOTWORK/SHINES				
Basic Step	Box Step	Chord Beats	Forward/Back Basic	Hesitation
2nd Basic	Simple Turn	Delayed Turn	ChaChaChas	Rosario
Semi Syncopations	Heel Toe	Sensual Basic	Body Rolls	Wraps
PARTNERWORK CONCEPTS				
Lead/Follow	Hand-Holds	Connection	Open Position	Closed Position
Transitions	Frame	Two Handed Turns		