



LATISHA HARDY  
SALSA 202  
SYLLABI  
BREAKDOWN

**BODY MOVEMENT & COMBINATIONS**

- 1/13/26 WEEK ONE: 201 LEVEL MATERIAL W/ BODY MOVEMENT, ANGLES, & COMBO CREATION  
1/20/26 WEEK TWO: COMBO CREATION#1  
1/27/26 WEEK THREE: OUTSIDE TURNS  
2/3/26 WEEK FOUR: OUTSIDE TURNS CNTD.

**OPEN BREAK & SHINES**

- 2/10/26 WEEK ONE: SWING STEP/ TURNING SWING STEP; OPEN BREAK  
2/17/26 WEEK TWO: HOT TOE & VARIATIONS, CUTAWAY; OPEN BREAK VARIATIONS  
2/24/26 WEEK THREE: SYNCOPATED HOOK STEP; COPA  
3/3/26 WEEK FOUR: COMBINATION

**OPEN BREAK & SHINES**

- 3/10/26 WEEK ONE: PIVOT & SPIN DRILLS; 360  
3/17/26 WEEK TWO: SINGLE LEG PIVOTS; 360 & REDIRECTS  
3/24/26 WEEK THREE: DOUBLE RIGHT TURNS  
3/31/26 WEEK FOUR: COMBINATION

**SPINS & PIVOTS**

- 4/7/26 WEEK ONE: TWIST SERIES; WRAPS & HAMMERLOCK SERIES  
4/14/26 WEEK TWO: SINGLE LEG TWISTS; WRAP, CONTINUOUS WRAP, FREE SPIN  
4/21/26 WEEK THREE: SPIAL & PLUS I; HAMMERLOCK  
4/28/26 WEEK FOUR: COMBINATION; HAMMERLOCK VARIATIONS

# SALSA 202 SYLLABI BREAKDOWN

## CLASS DESCRIPTION

### COURSE PREREQUISITE

SALSA 102, SALSA 103, & SALSA 201

### COURSE INSTRUCTOR

LATISHA HARDY

### FOOTWORK DEFINED

Provides a deeper understanding of the following concepts in Footwork: 1) Body Movement and how to apply to partnerwork to more advanced movement 2) Timing (Quick Quick Slow) 3) Weight Changes 4) Go into new Shines: Dbl Front Cross, Swing Step, Mambo Taps, Twists, Cutaway, Plus 1, and Twists.

### PARTNERWORK DEFINED

Provides a deeper understanding the following concepts in Partnerwork:  
1) Hand-Holds 2) Connection (Creating stability in leads and relaxation and listening in follows arms 3) Basic & Side Basic 4) Left & Right Turns 5) Cross Body Lead 6) Reverse Cross Body Lead 7) Cross Body Lead Inside Turn  
Adding NEW: 1) Outside Turns 2) Open/Back Breaks 3) Bridge 4) Catwalk 5) Copa 6) Outside Turns 7) Wraps 8) Hammerlocks

### COURSE EXPECTATIONS

Students are asked to attend as many sessions as possible. If you miss sessions, you are expected to collect make-up work and/or book privates to stay up-to-date on progressive material.  
Student must complete the course and have reviewed all concepts to move into 200/201 material.

## WORD BANK

MASTERY OF Salsa 102-201 Syllabi				
<b>Salsa 102-201 Concepts</b>	Conga Rhythms	Clave Rhythms	Musicality	
FOOTWORK/SHINES				
<b>Salsa 100-102 Concepts</b>	Double Front Cross	Swing Step	Mambo Taps	Cutaway
Plus 1		Twists		
FOOTWORK LINKED TO PARTNERWORK				
<b>Salsa 102-201 Concepts</b>	Pivots	Body Movement w/ Partnerwork		Tracing
PARTNERWORK CONCEPTS				
<b>Salsa 102-201 Concepts</b>	Posture	Open/Back Breaks	Bridge	Catwalk
Copas	Outside Turns	Wraps	Hammerlocks	